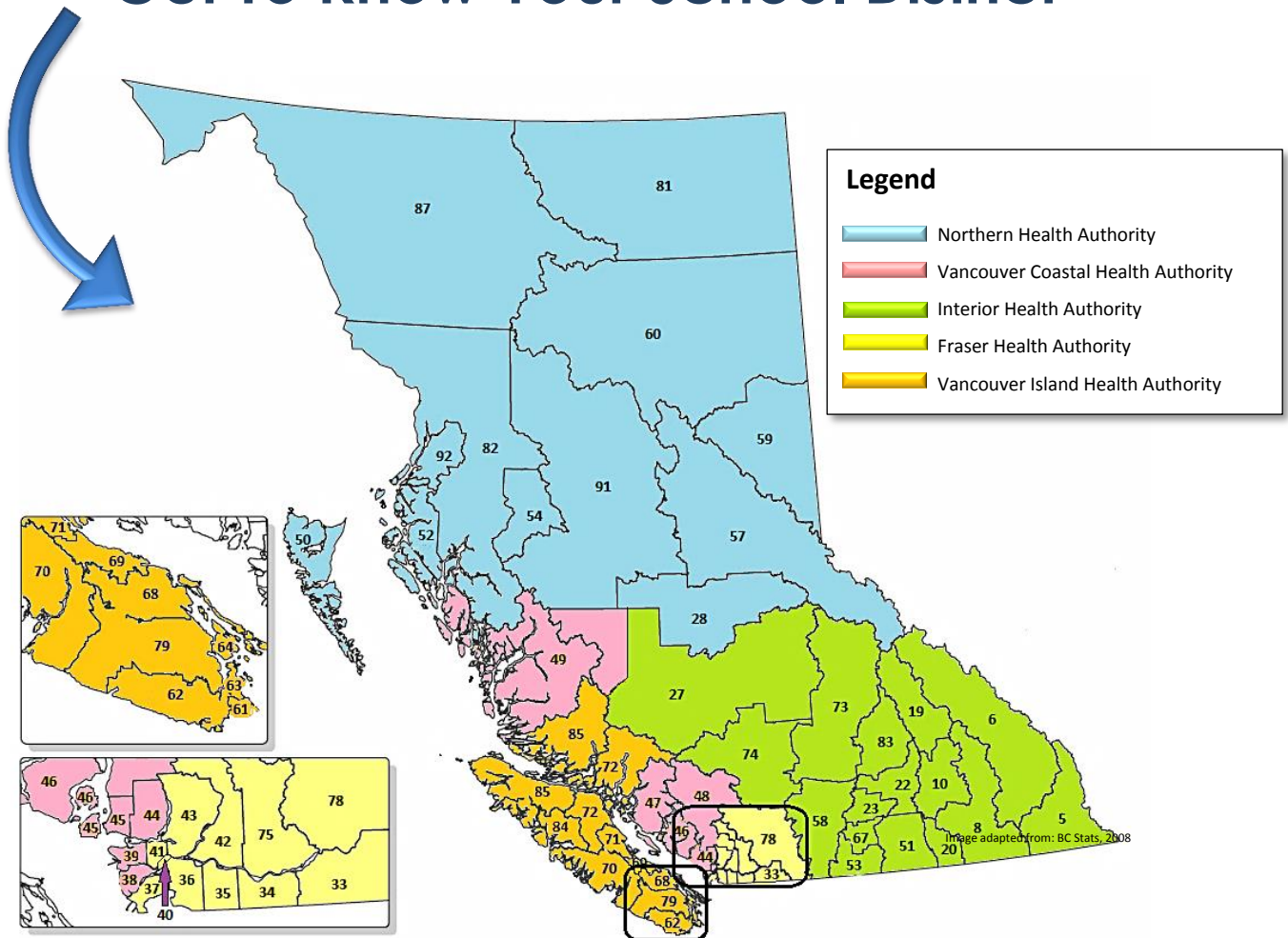


# Get To Know Your School District



## You can support your school or school district by...

### Participating in knowledge exchange

For example: Participating in a healthy school committee



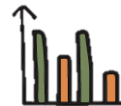
### Providing and linking to available health resources

For example: A Public Health Nurse can link the school to a Community Nutritionist for healthy eating resources



### Sharing and interpreting health data

For example: A Smoking Cessation Coordinator can share data on risks related to teen smoking



### Supporting partnerships with community groups

For example: Linking the school/district to physical activity programs in the community



To learn more about programs, resources, and supports available in your community visit

[healthyschoolsbc.ca](http://healthyschoolsbc.ca)