

CSH Example: Tobacco Use Prevention & Cessation

Below are some best practice examples of the health professional's role¹ in supporting tobacco use prevention and cessation through a CSH lens. These examples present some potential actions in each pillar and should be considered within your capacity and role within your health authority. You can use these as a guide, or insert your own to best suit the unique needs of your setting.

- Support the school/district in their efforts to promote and implement tobacco-free policies
- Participate on committees for preventing tobacco use & promoting smoking cessation
- Recognize tobacco awareness champions in the school community

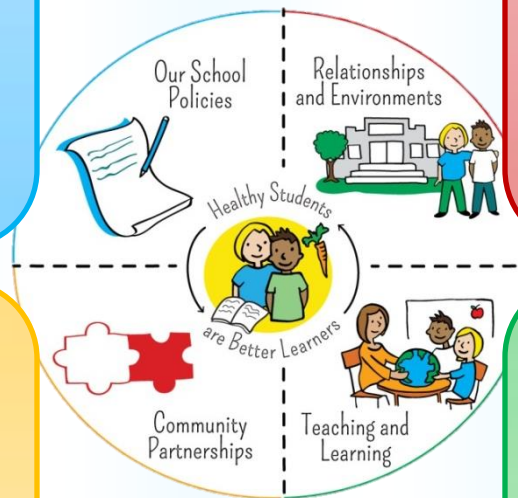
AND/OR

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- Facilitate linkages to funding opportunities for tobacco prevention/cessation projects
- Facilitate linkages to existing community partners and programs that support tobacco prevention, cessation, and reduced exposure to second-hand smoke²
- Encourage schools/districts to participate in national and international smoking awareness activities and events

AND/OR

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- Encourage student participation and leadership in tobacco prevention/cessation initiatives
- Support the school/district to provide consistent messaging about tobacco to students
- Support the school/district to ensure outdoor spaces remain smoke-free while promoting positive social engagement

AND/OR

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- Provide the school/district with tobacco training materials to support students who wish to quit smoking
- Provide and link to current information and resources related to tobacco prevention/cessation strategies
- Share and interpret smoking-related health data and information with the school/district

AND/OR

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1. Healthy Schools BC (2012). *Health sector support of comprehensive school health: Best practices implementation*. Directorate of Agencies for School Health BC, Vancouver, Canada.
 2. Go to healthyschoolsbc.ca/programs for a growing list of programs and resources in your community.