

Healthy Schools Network

Winter Meeting Focus

Network of Performance Based Schools, including the Healthy Schools Network and the Aboriginal Enhancement Schools Network, are attending winter meetings and sharing the strategies and ideas being used in their school inquiries.

The winter meeting focus for the Healthy Schools Network is on key resources and approaches that will move inquiries and student learning forward:

- Identifying the learning intentions in your inquiry question;
- Linking learning intentions with the performance standards and performance tasks; and
- Thinking about how formative assessment strategies increase school connectedness, and more.

The HSN winter meeting focus may be viewed on the [DASH BC website](#).



Feature Case Study

Read the online Feature Case Study report from Kaleden Elementary School, SD 67 Okanagan Skaha, where they ask if structuring the school day to allow for deliberate teaching of school-wide daily physical activity (DPA), Social Responsibility traits, and healthy food choices, will improve student wellness. Teachers noted that students worked on improving their relationships with others and to the environment, were more focused on school work, and were bringing healthier snacks and lunches to school.

View the full report on the [DASH BC website](#).

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Healthy Schools Branch Contact Info:

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www.bced.gov.bc.ca/health

2010 Olympic and Paralympic School Newsletter

The January 2010 Share the Dream newsletter contains an invitation to participate in the February 4 and February 11 webcasts focusing on global citizenship and peace, and information about several 2010 educational resources and programs.

Here are a few highlights from the newsletter— for the full edition, visit the [Sharing the Dream website](#).

Sharing the Dream Webcast Interviews



Twelve student leaders attended selected events related to global citizenship and social responsibility issues and produced videotaped interviews related to these events and issues. Watch their video clips and discuss the issues:

Interview #1: The 2010 Games and Peace

Interview #2: Tolerance and Acceptance

Interview #3: Local Steps for Global Peace

Interview #4: Shaping our Present and our Future

Interview #5: Issues Affecting Women Around the World

For more information and to join the live webcast on February 4, visit www.sharingthedream.gov.bc.ca.

The **Make Your Peace Olympic Truce** program

invites youth around the world to dream big and get inspired by the Olympic Spirit to make peace at home and in their communities. On February 4 and on February 11, BC student leaders will be discussing, with renowned guests, how youth can contribute locally to world peace.



Help your students to prepare for the webcast by discussing the following issues and questions:

- *A vision is a dream or a hope for the future. What is your vision for your community, your country, the world?*
- *'Make Your Peace': what does this mean to you?*
- *How can the Olympic and Paralympic Games contribute to peace in the world?*
- *Youth have the power to shape their present and their future? Consider ways in which to do this.*
- *Identify one action that you could take today that would help to create peace, or share one in which you are already engaged.*
- *Peaceful behaviour has to be learned. Discuss the ways that people learn peaceful behaviour.*

[Make Your Peace Truce Guide](#) also contains many activities and ideas that encourage young people to plan and organize peace projects and learn and practice peaceful behaviour.



DASH BC E-News

The Directorate of Agencies for School Health in British Columbia (DASH) BC is a network of local, regional, and provincial organizations and individuals including teachers, parents and community members who hold closely to the vision that:

"Every school aged child or youth in British Columbia is part of a health-promoting school community that enables them to lead active, fulfilling lives, well-equipped for future life success."

Some of the resources and events highlighted in [this month's DASH BC E-News](#) are:

- ✓ Action Schools! BC Healthy Eating School Food Grant
- ✓ Healthy Schools Leadership Symposium April 9, 2010 Vancouver BC
- ✓ Physical and Health Education Journal Spring 2010 Issue

Ready-To-Use Resources

Olympic and Paralympic themes span across all courses in the school curriculum – from language arts to science, physical education to mathematics, social studies to fine arts, technology to career planning. Teachers of all grade levels can take advantage of these natural educational links. Here are some ready-to-use resources:

- [Teachable Moments for the 2010 Classroom](#)
- [Olympic and Paralympic education Lesson Starters](#)
- [Games Time Resources for Teachers](#)
- [E-Legacies Learning Resources for the 2010 Games: Discussion Starters](#)

DPA Community Recreation Centre Pilot Project - Secondary Schools

The Ministry of Education partnered with the British Columbia Recreation and Parks Association (BCRPA) to look at ways to build relationships between secondary schools and community sport and recreation centres.

Planning grants were used to bring stakeholders together to discuss, learn and plan for cooperative action to increase access to physical activity opportunities for students in Grades 10 to 12 - primarily for those who are inactive or vulnerable. The goal was to inspire collaboration and joint action to assist students in reaching their DPA requirements.

Recipients of the grants were asked to provide BCRPA with a summary of what worked well and to identify what some of the challenges were in working collaboratively.

Here are two quotes from community recreation programmers:

“When working together we were able to pool great resources. It is a win-win for both. We have access to the school that we wouldn’t normally have and the school has access to our staff and resources.”

“School visits are really effective. Introducing ourselves as another resource that teachers and school contacts can reach out to for support and assistance hopefully will contribute to the success of this initiative.”

View the full pilot project report on the [Healthy Schools website](#).

HSN/NPBS Regional Meetings

- Feb 2, 2010 - **North East Region**
Dawson Creek Teacher Centre,
Dawson Creek
4:00 – 7:00 p.m.
Contact [Sue Schnyder](#) or [Kim Boettcher](#)

- Feb 2, 2010 - **Mid Vancouver Island Region**
Vancouver Island University,
Nanaimo
4:00 – 6:00 p.m.
Contact [Gillian Wilson](#)

- Feb 8, 2010 - **Lower Mainland – Langley Region**
Langley School Board Office,
Langley
4:00 – 5:30 p.m.
Contact [Suzanne Hoffman](#)

- Feb 8, 2010 - **Okanagan North - Vernon**
Boardroom, SD#22 Board Office,
1401 15th St, Vernon
3:30 – 5:30 p.m.
Contact [Wendy Varley](#)

- Feb 9, 2010 - **Extended Lower Mainland**
Eaglequest Golf Course,
Surrey
4:00 – 6:00 p.m.
Contact [Donna Weaving](#)

- Feb 11, 2010 - **Lower Mainland – North Vancouver Region**
Inglewood Curriculum Centre,
West Vancouver
4:00 – 6:00 p.m.
Contact [Lynne Tomlinson](#)

- Feb 15, 2010 - **Vancouver Island North Region**
Mark Isfeld Secondary,
Courtenay
3:45 p.m. start
Contact [Lyneita Swanson](#)

- Feb 16, 2010 - **Kootenay East – Boundary Region**
College of the Rockies,
Cranbrook
Contact [Carolynne Muncer](#)

- Feb 22, 2010 - **Vancouver Island South Region**
SJ Willis Auditorium,
Victoria
4:00 – 6:00 p.m.
Contact [Pat Duncan](#)

- Feb 25, 2010 - **Kootenay West Region**
Selkirk Room, Castlegar Complex,
Castlegar
4:00 – 6:00 p.m.
Contact [Pat Dooley](#)

- Feb 26, 2010 - **North West Region**
Room 2002, Northwest Community College,
Terrace
10:00 a.m. – 2:00 p.m.
Contact [Kathy Eades](#)

