

Farm Visit

Action Schools! BC

Vegetable & Fruit Extension Activity

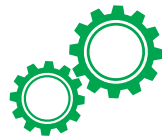
Students will visit a farm to learn about how vegetables and fruit are grown locally.



K-7

VEGETABLE
AND FRUIT

PREPARATION



- Book a visit to a local vegetable or fruit farm, or greenhouse.
- Aim to make your field trip a location students can walk to, or consider splitting the distance between busing and walking.

IMPLEMENTATION

- Before the visit, discuss what is grown on the farm. Talk about what students might see (crops, watering systems, harvesting systems, etc.) and what the vegetables or fruit will be used for after the harvest (e.g., where will they go, how they will be consumed and will they be processed into cut or frozen products).
- Take the students on a field trip to a local farm.
- Discuss with students what is grown and produced in your region. This could include fruits and vegetables, livestock and dairy, and other agricultural products. Brainstorm different benefits of purchasing products grown and produced locally (e.g., buying locally is good for the economy, the environment, and for the community).

RECOMMENDED RESOURCES



- BC Agriculture in the Classroom Foundation – Farm Tours (http://www.aitc.ca/bc/bcs_agriculture/farm_tours)
- BC Farm Fresh (Lower Mainland) (<http://www.bcfarmfresh.com>)