Media Literacy & Body Image Activity Sheet

_____   _____
Name   Date

As you view the images, fill in this sheet:

	For Image 1	**For Image 2**
What is the message in this image?		
Why was the message made? (Is it to educate? Entertain? Sell a product? To get views? Other?)		
Was the image edited, or changed to show unrealistic beauty standards? How can you tell?		
What does this message want you to believe or feel? How might it make other people feel about their bodies?		

What are two ways that media affects how people think about their own bodies and self-worth?

1. _____

2. _____