**Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**School Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student or Team details (how many, grade, gender) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Student or team Name (optional) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**What health topic (s) do you/we want to focus on? Why?**

(E.g. physical activity because the students think that is what is most important to their peers)

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**What’s my/our goal?**

(Think about who, what, & when. E.g. To increase physical activity in grade 11/12 girls by June)

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**What’s my/our inquiry question?**

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**How do I/we want to get there? What steps should I/we take? How will I/we know I/we’ve had an impact?**

(E.g. conduct a survey to find out what activities would motivate the girls to be more active; more girls enrolled in grade 11/12 PE next year)

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