**School Name:** Healthy Schools Secondary **School District:** 25 **Date:** September 29th, 2012

**Contact Name:** Mr. Healthy **Contact Email/Phone Number:** mhealth@sd25.bc.ca/604-123-1234

**Who is on your healthy school team? (i.e. number of students, grade, other teachers, partners, etc):** 2 teachers, 6 students, public health nurse (PHN)

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| **HEALTHY SCHOOLS PLAN** | | | | | |
| **ASPECT for focus :** HEALTHY PRACTICES | | | | | |
| **INQUIRY QUESTION:** How will educating students and teachers about anaphylaxis and allergies improve the culture of the school? | | | | | |
| **Pillar** | **Where are we now?**  **(e.g. current activities)** | **Where do we want to go?**  **(e.g. Goals)** | **What can we do to get there? (e.g. healthy strategies)** | **Timeline** | **Responsibility** |
| **T&L**  TeachingLearningIcon | We don’t provide any teaching about anaphylaxis or allergies. The students with allergies have expressed they don’t feel completely safe at school. | Have the whole school be aware of anaphylaxis and the risks of certain allergens and what to do in case of an emergency. | We will access the Healthy Schools BC site [www.healthyschoolsbc.ca](http://www.healthyschoolsbc.ca) to use teaching resources directly related to anaphylaxis. Students will create messaging and small lesson plans for teachers to educate in their classrooms – if students feel comfortable, have them describe what happens to them if they consume their allergen. | Find resources in September, create lesson plans/messaging, and educate in classes November/December. | Healthy Schools Team teachers to discover resources; Students (and maybe PHN) to create messaging; Teachers (and maybe students) to educate. |  |
| **S&PE**  SocialPhysicalEnvironmentIcon | Some peanut products are coming into the school. | By end of the school year, have little to no peanut products enter the school. | Have students work with the Public Health Nurse to create messaging for students and parents about allergens and how to avoid bringing them to school – information session, create video, posters, in school newspaper, email, etc. | Hold first informational session in October; communications Nov – Jan. | Teachers, students, public health nurse. |  |
| **HSP**  HealthySchoolPolicyIcon2 | We currently don’t have any policies in place. | Implement BC Anaphylactic & Child Safety Framework by November.  Have students help to distribute the knowledge about this framework to the rest of the school. | Access the Framework <http://www.bced.gov.bc.ca/health/bc_anaphylactic_child_safety.pdf> and familiarize students with strategies necessary to implement framework.  Teachers and students to learn about the framework and students to create/develop messaging about how to implement this policy into the school and how to reinforce it. | Access Framework in September, familiarize students with strategies in October, and implement November.  February | Teachers, students  Students. |  |
| **P&S**  PartnershipsIcon | We currently don’t have any partnerships to address anaphylaxis. | Establish partnership with the local health authority for added support. | Contact health authority for help with establishing various strategies for emergency plans when allergic reaction occurs; contact dietitian for increased awareness of various products containing peanuts and those products that are safe. Have students disseminate messaging for peanut products through awareness events. | Contact in September; nurture relationships throughout school year.  Students disseminate messaging in November and February | Students and teachers |  |